

9th INTERNATIONAL CONGRESS OF CLINICAL HYPNOSIS AND BRIEF THERAPY
Association of Hypnotherapy of Nuevo Leon – AHNL
3-5 October 2019 - Hotel Secrets in Huatulco, Oaxaca MX

A Celebration of the Life of
Betty Alice Erickson Elliott
17/7/1938 – 17/1/2019

Dan Short & Rubin Battino



With all eight children – BA is in the middle.



Betty Alice Erickson Elliott (BA) was the fourth of Milton H. Erickson's eight children. She was one of three of his daughters to continue his work in psychotherapy and hypnosis.



One day, Dr. Erickson said to his large audience of psychiatrists, "And now, my daughter Betty Alice will demonstrate arm levitation." And BA just sat there. She just wouldn't do it, and the world's greatest hypnotist, her beloved Daddy, couldn't get her to do it!



When BA was fourteen or fifteen she served as her father's demonstration subject for his presentation of hypnosis to physicians and therapists. She enjoyed doing demos of arm levitation pain management. ...



“I can remember one thing that worked for us, and which I did with my children. We liked to read the Oz books. If I were mean to my brother, for instance, we had to sit together. The older of the quarreling pair had to read to the younger. By the time we got done reading half the story, the quarrel was over! We liked each other again, and we got to finish that reading in a nice, warm way.”

BA (as she was affectionately known) was a licensed professional counselor and marriage and family therapist in private practice for over 25 years in Dallas, TX. She received a number on honors and awards in her career.





BA's special area was conversational trance, and what she called the "naturalistic technique" in hypnotherapy. With her bright blue eyes and total concentration on the audience and her clients, she was an extraordinary presenter and therapist.



Reading the bioplay: BA, Rosen, Greenleaf, Lankton, and Yapko.





“For me, I think these really very simple qualities—humor, curiosity, enjoying the present while keeping your eye on a prize, so to speak—are foundations for a rich life.”



“Although I really enjoy my clients, I also enjoy the teaching that I do. It’s given me a broader understanding of just how important the Institutes and so many dedicated and interested people are to the future of Ericksonian Hypnosis and Psychotherapy. It’s truly astonishing and humbling to realize that in the middle of Siberia, in the Ukraine, in so many far-flung and economically disadvantaged parts of the world, Ericksonian Hypnosis and Psychotherapy is making a mark.”



“My special interest is contributing by reaching out to these impoverished areas and finding a way to bring a workshop to them. Many of these workshops are totally gratis; sometimes I even donate my plane fare. But it is so worth the experience of bringing knowledge to eager professionals. Seeing the world is an added benefit.”

In loving memory of Betty Alice Erickson Elliott

